**Code of Conduct - Covid -19**

All players, officials, volunteers and spectators must undergo a self-assessment for any Covid-19 symptoms. No one should leave home to participate in sport if they, or someone they live with, has symptoms of Covid -19 currently recognised as any of the following:

* A high Temperature (above 37.8 degrees)
* A new, continuous cough
* A loss of, or change to, their sense of smell or taste

Everyone must support NHS Test and Trace and leave their full name and contact details every time they use facilities. This information will be kept on a temporary basis for 21 days, in line with government guidance.

Clubs, players and coaches must read and understand the latest guidance for their sport and must adhere to the regulations before, during and after activity. Using the advice and guidance from their sport’s governing body a risk assessment needs to take place before sessions begin.

Activity can only take place in an outdoor setting in groups of no more than 30 people (including coaches) All participants must adhere to social distancing rules before, during and after play and should avoid pre-game handshakes, huddles, face to face confrontations, shouting and scoring celebrations.

Supporters, parents and other spectators need to remain socially distanced. They must be restricted to six person gathering limits and spread out, in line with government guidance. Please take note of any one way systems in place and signage indicating entry and exit points.

The sharing of equipment needs to be avoided where possible. Equipment should not be moved to reduce the risk of any potential spread transferring through surfaces. Only caretaking staff will be able to move equipment, e.g. goal posts.

All participants should bring their own water bottles and under no circumstances should water bottles be shared. Spitting and the rinsing out of mouths is now a recognised risk and must not be done.

Everyone should practice good hand hygiene and increase the frequency of handwashing or hand sanitising. Participants should bring their own hand sanitiser where possible. However, there is access to handwashing facilities and hand sanitiser will be available.

The use of changing and shower facilities is not allowed so all participants should arrive changed ready to play and shower at home afterwards. Toilet facilities will remain open.